Family Resource Expos

Jefferson READY START NETWORK

Giveaways, free family resources and more!

Games & activities | Parenting skills sessions

Face painting | Visit with Santa

Raising Cane's kid's meal certificates

Take home age appropriate toys, books, and sensory activities







IN-PERSON SESSIONS AT THE EXPO

Finding Your Calm through Big Feelings

Learn practical strategies to find your calm, support big feelings, and strengthen your connection with your child(ren).

In-person training sessions are offered on both expo dates at 9:30 a.m. and 12:30 p.m.

**Training begins before the expo opens.*

East Bank Expo

Friday, November 20, 2026
10:00 a.m. to 2:00 p.m.
East Bank Regional Library
4747 W Napoleon Avenue
Metairie, LA 70001

West Bank Expo

Saturday, November 21, 2026
10:00 a.m. to 2:00 p.m.
Mel Ott Multipurpose Center
2301 Belle Chasse Highway
Gretna, LA 70056

Thank you to our event partners!

OchsnerHealth · Raising Cane's Chicken Fingers · Jefferson Community Foundation · Conscious Discipline® · STEM NOLA

Giveaways and gift certificates available while supplies last; child must be present to receive.